

School Health Survey 2025-2026

The Texas Education Code (TEC), §38.0141, requires the Texas Education Agency (TEA) to collect data relating to student health and physical activity from each school district/charter district. The School Health Survey has been developed for this purpose. The data gathered will allow the agency to better address the various health-related needs of Texas schools and students statewide.

Requirements

- **Single Submitter:** The survey must be submitted by the individual assigned to complete the survey for the district, district of innovation, or charter school.
- **Estimated Completion Time:** 20-30 minutes.
- **Submission:** Online only; one submission per district or charter school. (If multiple submissions occur, the most complete submission—even if incomplete—will be considered final.)
- **Hardware requirements:** Complete and submit the survey using the same device and location (IP address). Failure to do so may result in lost responses.
- **Reporting Period:** Responses must reflect the 2025–2026 academic year.
- **Deadline:** Friday, May 29, 2026.

Preparation

- Input from multiple staff members may be required to complete all questions.
- A copy of the survey questions was provided in TEA To the Administrator Addressed (TAA) correspondence dated **February 12, 2026**.
- Printing the questions in advance is recommended.

Online Submission Instructions

- The online submission requires completion of the entire survey.
- To change an answer, click on the new response. In some cases, it may be necessary to unselect a previous answer before making a change.
- Use the **Forward arrow** and **Back arrow** buttons at the bottom of each page to navigate through the survey.
- After clicking the forward arrow button on the final question to submit your responses, changes cannot be made, and re-entry will not be possible.
- The final screen shows the summary of your submission. Print this screen or click the Download PDF link to save a copy of the responses.

Thank you for your participation in the 2025–2026 School Health Survey.

Please select your education service center (ESC) geographic region and district/charter school from the list below.

ESC Geographic Region

District/Charter School Name and Number

▼

Preparer Information

☐ Name of Preparer (First/Last Name)

☐ Title of Preparer _____

☐ Email Address of Preparer _____

1. How many times did your SHAC meet during the 2025-2026 academic year?

▼ 0 (1) ... 4

2. During the 2025-2026 academic year, what was your district/charter school's practice for meeting the elementary school physical activity requirement?

- ☐ 30 minutes/day for all grade levels
 - ☐ 30 minutes/day for some grade levels, 135 minutes/week for others
 - ☐ 135 minutes/week for all grade levels
 - ☐ More than 135 minutes/week
 - ☐ More than 150 minutes/week
 - ☐ Other (provide details in box)
-

3. During the 2025-2026 academic year, what was your district/charter school's practice for meeting the middle/junior high school physical activity requirement?

- ☐ 30 minutes/day in physical education for four semesters
 - ☐ 225 minutes/two weeks in physical education for four semesters
 - ☐ Other (provide details in box)
-

- ☐ Four semesters of physical activity in alternative programs
- ☐ A mixture of physical education and alternative programs

4. During the 2025-2026 academic year, did each campus in your district/charter school have the appropriate equipment and adequate facilities for students to engage in the amount and intensity of physical activity as part of the required outlined in TEC [§28.002\(l\)](#)?

- ☐ Yes
- ☐ No

5. During the 2025-2026 academic year, did your district/charter school have a policy allowing teachers or administrators to withhold recess or other physical activity offered as part of the

district's or school's physical education curriculum from a student as a penalty for the student's academic performance or behavior?

☐ Yes

☐ No

6. During the 2025-2026 academic year, did your district/charter school allow modifications or accommodations to enable physical education courses to meet the needs of students with disabilities?

☐ Yes

☐ No

7. During the 2025-2026 academic year, did your district/charter school notify parents that they could request in writing their child's physical fitness assessment results at the end of the school year?

☐ Yes

☐ No

8. During the 2025-2026 academic year, did your district/charter school adopt/have in place policies and procedures that prescribed penalties for the use of electronic-cigarettes and tobacco products by students and others on campuses or at school-sponsored or school-related activities?

☐ Yes

☐ No

9. During the 2025-2026 academic year, did your district/charter school adopt or have in place any of the following policies for unassigned medications? Mark all that apply.

- ☐ Epinephrine delivery systems policy
- ☐ Medications for respiratory distress policy
- ☐ Opioid antagonists policy for elementary schools (optional for grades 5 and under)
- ☐ Opioid antagonists policy for middle/junior high schools and high schools (required for grades 6-12)
- ☐ I represent a charter school that does not have a policy for unassigned medications.

10. During the 2025-2026 academic year, which Coordinated School Health Program did your district/charter school implement in elementary schools?

- ☐ Bienestar
- ☐ CATCH
- ☐ Other (provide details in box)
-

- ☐ Great Body Shop
- ☐ SPARK (Prior to May 2019)

11. During the 2025-2026 academic year, which Coordinated School Health Program did your district/charter school implement in middle and/or junior high schools?

- ☐ Bienestar
- ☐ CATCH
- ☐ Other (provide details in box)
-

- ☐ Great Body Shop

☐ SPARK (Prior to May 2019)

12. During the 2025-2026 academic year, did your district/charter school require health education as a graduation requirement for high school students?

☐ Yes

☐ Other (provide details in box)

☐ No

13. During the 2025-2026 academic year, did your district/charter school adopt policies to meet the U.S. Department of Agriculture (USDA) food requirements per TEC [§28.004\(k\)\(3\)\(B\)](#)?

☐ Yes

☐ Other (please provide details in box)

☐ No